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Winter 2009

ABORM Newsletter

Time to Renew Your ABORM CEUs!


[Click here to locate the Membership Renewal Form](#)



ABORM has 128 members!

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[ABORM Google Group](#)



President's Message:

American Board of Oriental Reproductive Medicine (ABORM)
President's Message

Dear ABORM Fellows and Colleagues -

I don't know about you, but I can't believe how fast 2009 - the year of the Ox - has flown by. Before we know it, 2010 will be upon us, and the Year of the Tiger will commence.

In this ABORM Newsletter we want to remind you of several very important matters of business related to your Fellow Status in the ABORM:

1. 2008 ABORM Fellows must renew their ABORM Membership by April, 30th, 2010:

The Requirements are as follows:



A) 20 ABORM-Approved CEU's in the subject of Reproductive Medicine. NOTE: CEU's submitted must be ABORM approved courses (see ABORM website for list) - unless they are CME's from either the Pacific Coast Reproductive Society annual meeting or the American Society for Reproductive Medicine annual meeting. You must submit CEU or CME Course Certificate with your payment for renewal of ABORM Membership.

B) ABORM Renewal Fees: \$200.00. Checks should be made payable to the ABORM, or you can pay by Visa or Mastercard.

Latest ABORM Approved Courses:

Preparing The Palace

Guiding Couples Through the Fertility Process Using Chinese Medicine

Donna Keefe, L.Ac.,MAc.OM
January 30, 2010

7 ABORM-approved CEUs
[link to more course info](#)

The Fertile Soul: Reproductive Training Seminar

Dr. Randine Lewis

15 ABORM-approved CEUs
[link to more course info](#)

Treatment Strategies for PCOS, Weight Loss and Type 2 Diabetes

on-line course

15 ABORM-approved CEUs
[link to more course info](#)

[more courses](#)

QUICK LINKS

Click on the following link to download the Membership Renewal Form:
http://www.aborm.org/docs/ABORM_Renewal_Form.pdf

(CEU's submitted without payment will not be processed).

Renewals that are late by more 30 days, will be assessed a late fee of \$25.00. Renewals that are late by more than 90 days (have not been received by July 30th, 2010) will result in lapsed membership, and the practitioner will need to re-apply to take the ABORM Certification Exam to renew their membership.

NOTE: Some of you wrote and submitted Examination Questions for the 2009 ABORM Exam, and for that contribution you received 10 CEU's. Please include this certificate with other CEU certificates when you renew your membership.

2. Please Join the ABORM Practitioner Discussion Groups:

Go to the ABORM website - www.aborm.org - and click on the links to join both the ABORM Practitioner Discussion Group on Google groups (at the top of the home page), and the ABORM Group Email List (at the bottom of the home page). Please join both lists.

The ABORM Practitioner Discussion Group will allow any ABORM Fellow to post a question, idea, suggestion, abstract, case study, or any other area pertinent to the field of Oriental Reproductive Medicine, to the rest of the ABORM members. We have so many exceptional practitioners among us that we must tap in to the riches of knowledge and experience in our midst.

[ASRM](#)

[Yo San REI Doctorate](#)

[PCRS](#)

[ProD Seminars](#)

[Randine Lewis CEFP](#)


[ABORM](#)

[AAAOM](#)

[TCM TV](#)

[CHINESE MEDICINE TOOLS](#)

**ABORM
BOOK CLUB**



The ABORM Group Email list allows us to protect the environment, and alert you of any ABORM business via email, instead of the postal service. Please take the time to register for both of these groups by clicking on the links on the ABORM home page. It only takes a second.

3. Please update your ABORM-website listings frequently:

Go to: http://www.aborm.org/ABORM_certified_practitioners.html

Fellows should regularly go to the ABORM Certified Practitioners page on the ABORM Website and check your practitioner listing to confirm that it is correct for your contact information, email and websites. If there is a discrepancy, please email us via the contact page on the ABORM website with the correct information. It is your responsibility as a Fellow to keep us updated with your current contact information that we can correspond to you, and so that patients can find you.

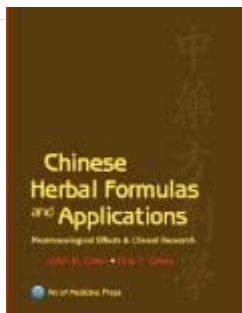
We frequently get requests for patient referrals to ABORM Certified Practitioners, and we can't get these patients to you if your contact information is outdated or incorrect.

4. All ABORM Fellows are encouraged to attend the 2010 ABORM Exam and Board Meeting, and to stay on for the 2010 AAAOM Conference.

We wanted to let all of you know that the next ABORM Examination will be offered April 8th, 2010 in beautiful Albuquerque, New Mexico, at the Hyatt Regency Tamaya Resort and Spa. The Exam will be held in conjunction with the AAAOM Annual Conference - www.aaaomonline.org - and there will a terrific lineup of courses devoted to Reproductive Medicine, so we encourage you to come out, help out with administering the Examination, relax, get some CEU's, and catch up with your other ABORM Fellows.

Go to the ABORM Website for more information and click on the following link for details:
http://www.aborm.org/certification/exam_details.html

We also want to invite all ABORM Fellows in attendance at the Exam and AAAOM Conference to plan on



Chinese Herbal Formulas and Applications

by John K. Chen by Art of Medicine Press

Hardcover



List Price: \$139.95

Our Price: \$126.68

attending the ABORM Reception to be held on Thursday evening, April 8th, @ 7:00 PM. Spouses, children, and significant others are welcome.

5. Board Members Wanted:

Remember also, that we are always looking for you Fellows who are interested in working more closely with the ABORM to put yourself forward for a position on the ABORM Board of Directors/Governing Board.

Each Director takes a two-year term on the Board and each are elected by the ABORM Membership at large. If you are interested in taking a seat on the Board of Directors, please contact us, and let us know of your interest.

Warmly,

Ray Rubio, DAOM, L. Ac. (FABORM)
ABORM President
Chair: Reproductive Medicine Specialty/Yo San University DAOM Program



Featured Fellow:

Martha Ivey, O.M.D., L.Ac., Dip. NCCAOM, FABORM

My acupuncture office is located in beautiful Birmingham, Alabama. I've been treating patients here since 1995. My focus is male and female infertility using acupuncture, raw herbs from my traditional Oriental medicine pharmacy, and state of the art professional dietary supplements and functional foods.

In Birmingham the referring physicians and my patients have come to recognize ABORM as the gold standard for Traditional Oriental medical practitioner who offer infertility care.



The Way of the Fertile Soul: Ten Ancient Chinese Secrets to Tap into a

Woman's Creative Potential
by Randine Lewis by

**Atria Books/Beyond Words
Paperback**



**List Price: \$14.95
Our Price: \$0.75
[Buy Now](#)**

I recently attended the American Society of Reproductive Medicine (ASRM) conference in Atlanta, Georgia, where there were some 5,000 attendees, including Reproductive Endocrinologists, nurses and a handful of ABORM fellows. We attended presentations on the most current studies regarding infertility care and treatment.

I have found that many REs are eager to learn about how the ABORM strives to provide increasing excellence in integrative Oriental medical care and treatment of infertility. I and my RE colleagues are encouraged by the collaboration and possibilities of a synergistic relationship between Western and Eastern medicine.

I feel that keeping abreast of the current studies and my continued commitment to my professional growth will assist my patients in their most desired result - a baby.



Current Research

Evolution of medical treatment for endometriosis: back to the roots?

Fritz Wieser, Misha Cohen, Andrew Gaeddert, Jie Yu, Carla Burks-Wicks, Sarah L. Berga and Robert N. Taylor

Experimental evidence is accumulating to suggest that medicinal botanicals have anti-inflammatory and pain-alleviating properties and hold promise for treatment of endometriosis. Herein, we present a systematic review of clinical and experimental data on the use of medicinal herbs in the treatment of endometriosis. Although there is a general lack of evidence from clinical studies on the potential efficacy of medicinal herbs for the treatment of endometriosis-associated symptoms, our review highlights the anti-inflammatory and pain-alleviating mechanisms of action of herbal



**Acupuncture Research:
Strategies for
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remedies. Medicinal herbs and their active components exhibit cytokine-suppressive, COX-2-inhibiting, antioxidant, sedative and pain-alleviating properties. Each of these mechanisms of action would be predicted to have salutary effects in endometriosis. Better understanding of the mechanisms of action, toxicity and herb - herb and herb - drug interactions permits the optimization of design and execution of complementary alternative medicine trials for endometriosis-associated pain. A potential benefit of herbal therapy is the likelihood of synergistic interactions within individual or combinations of plants. In this sense, phytotherapies may be analogous to nutraceuticals or whole food nutrition. We encourage the development of herbal analogues and establishment of special, simplified registration procedures for certain medicinal products, particularly herbal derivatives with a long tradition of safe use.

Human Reproduction Update, Vol.13, No.5 pp. 487-499, 2007



Many thanks to all of our fellows for their ongoing participation in advancing our medicine. Please contact us with any suggestions on how to continue to enhance and serve our growing community.

Sincerely,



Caylie See, L.Ac., FABORM
Vice President ABORM